

THANKSGIVING PROSTRATION (SAJDAT AL-SHUKR)

It is highly recommended to do the Thanksgiving Prostration after the accomplishment of obligatory prayers. Too many are the supplications and litanies that may be said during the Thanksgiving Prostration. In this connection, Imam Ali ibn Musa al-Rida(a.s.) is reported to have said that one may repeat one hundred times one of the following words during the Thanksgiving Prostrations:

«شُكْرًا شُكْرًا»

«عَفْوًا عَفْوًا»

Imam al-Rida(a.s.) is also reported to have said: The least to be said while prostrating is to repeat the following three times:

«شُكْرًا لِلَّهِ»